

Prom Country Challenge 2009 entry form



For individuals and team members. One form per entrant please.

ENTER & PAY ONLINE... www.promcountrychallenge.org.au (SECURE payment with Paypal)

OR

FILL OUT THIS FORM...

Sign, send and pay by direct debit or cheque (see below).

First name _____ Last name _____ Male Female

Street Address _____

City _____ State _____ PostCode _____

Phone _____ Mobile _____ Email _____

(Your email address is kept completely confidential)

CHOOSE YOUR EVENT...

30km Challenge (\$40 entry fee)

Open up to 40 Veterans: 41 to 55 Masters over 55

6 km Run (\$10 entry fee)

Under 12 13-14 15 - 18 Open up to 40 Veterans 41 to 55 Masters over 55

6 km Walk for fun (\$5 entry fee)

Yes, I'll walk for fun! (This event will have novelty prizes!)

4 x 6 km Team Run (\$10 entry fee for each runner)

Under 12 13-14 15 - 18 Open up to 40 Veterans 41 to 55 Masters over 55

Enter your team name **ONLY** if you are a member of a team.

Team name _____ Website _____

(company, school or organisation)

I am the team captain

Waiver

I agree to abide by all race rules and directions of all the race officials, organizers on the day of the race.

I acknowledge that participating in a road race is a potentially hazardous activity and can result in serious injury and death from various causes, including over-exertion, dehydration, accidents with other competitors, spectators or road users, and course of weather condition – to name a few.

In consideration of your acceptance this entry, I for myself or anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages I may have against the Prom Country Challenge Inc., South Gippsland Shire, Vic Roads, St. Johns, CFA, SES, Victorian Police and all other groups and individuals associated with the conduct of the event, the sponsors their agents & representatives caused by the negligence of any of them arising our my participation of the event, including pre and post race activities.

I attest that I am physically fit and I have trained appropriately for completion of my chosen event in the Prom Country Challenge.

I consent to receive medical treatment that may be advisable in the event of illness or injury suffered by me during the event and I agree to pay for the costs of medical treatment if required.

I have entered on/attached to my entry form details of any medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed. If I become ill or injured during the event, I will withdraw form the event.

I consent to any publication and or use in any form of media, of my name, image, voice, statement or otherwise, before, during or after the event whether for advertising, promotion or otherwise, without payment or compensation.

Any additional info about you that we may need; race history, medical conditions...?

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Signature _____ Date _____
(by signing I agree to the waiver)

I am sending a cheque
(please enclose with form)

I am paying by Electronic Funds Transfer (EFT)
(please send this form and add your name to the EFT transfer so we can identify who's payment it is)

SEND THIS FORM TO:

PCC Entries c/o
Andris (Andy) Dinsbergs
200 Franklin River Rd
Toora, Victoria, 3962

BANK TRANSFER (EFT):

Prom Country Challenge Inc (PCCI)
ANZ BANK
BSB: 013635
ACCOUNT No: 4912-35815