

Prom Country Challenge 2008 Champions

6km Run

Female

Name		Time
Kathryn	Ewels	0:24:24
Nadelle	Legge	0:24:33
Jayne	Dean-Collins	0:29:25

30km Challenge

Female

Name		Time
Linda	Mc Rae	2:06:04
Nikki	Wynd	2:30:40
Deborah	Kol	2:39:06

6km run

Male

No.	Name		Time
	Christophe	Clarke	0:24:07
	Michael	Hunter	0:26:03
	Mark	Ball	0:26:12

30km Challenge

Male

No.	Name		Time
	John	Mac kenzie	1:53:22
	Chris	Joustra	1:54:06
	SIMON	MARCUS	1:55:23