

2010 Entry Form



Each entrant must submit a form each even if you are in a team.

1. Enter online at www.promcountrychallenge.org.au (secure payment with PayPal) OR
2. Send in this form with payment OR
3. Enter on the day (be early to avoid delays)

First name _____ Last name _____ Male Female
Street Address _____
City _____ State _____ PostCode _____
Phone _____ Mobile _____ Email _____

Please choose your event and age group:

30km Challenge Run (\$40 entry fee)

Open up to 40 Veterans: 41 to 55 Masters over 55

6km Run (\$10 entry fee)

Under 12 12 – 18 Open up to 40 Veterans 41 to 55 Masters over 55

6km Walk for Fun (\$5 entry fee)

Yes, I'll walk for fun! (This event will have novelty prizes!)

I live within 50km of Toora (for local resident prize)

For those running in a **team** please write the team name here: _____

Waiver

I agree to abide by all race rules and directions of all the race officials, organizers on the day of the race.

I acknowledge that participating in a road race is a potentially hazardous activity and can result in serious injury and death from various causes, including over-exertion, dehydration, accidents with other competitors, spectators or road users, and course of weather condition – to name a few.

In consideration of your acceptance this entry, I for myself or anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages I may have against the Prom Country Challenge Inc., South Gippsland Shire, Vic Roads, St. Johns, CFA, SES, Victorian Police and all other groups and individuals associated with the conduct of the event, the sponsors their agents & representatives caused by the negligence of any of them arising out of my participation of the event, including pre and post race activities.

I attest that I am physically fit and I have trained appropriately for completion of my chosen event in the Prom Country Challenge.

I consent to receive medical treatment that may be advisable in the event of illness or injury suffered by me during the event and I agree to pay for the costs of medical treatment if required.

I have entered on/attached to my entry form details of any medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed. If I become ill or injured during the event, I will withdraw from the event.

I consent to any publication and or use in any form of media, of my name, image, voice, statement or otherwise, before, during or after the event whether for advertising, promotion or otherwise, without payment or compensation.

Compulsory clause from our insurers:

By entering this event, you consent to your personal information being provided to Athletics Australia Ltd and Athletics Victoria for the purpose of registering you as a recreational running class of member of Athletics Victoria and for administering the Running Australia program. **YOU FURTHER CONSENT TO RECEIVING INFORMATION (INCLUDING VIA EMAIL) ABOUT THE RUNNING AUSTRALIA PROGRAM INCLUDING DETAILS OF OTHER EVENTS AND SPECIAL OFFERS OR PROMOTIONS.**

Tick this box if you **DO NOT** consent to your personal information being disclosed and used or receiving information about the Running Australia program.

Any additional info about you that would be good to know; race history, medical conditions...?

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Signature _____ Date _____
(By signing I agree to the waiver)

Send this form with payment to

PCC Entries, 200 Franklin River Rd, Toora, Victoria, 3962